



Kitty Cat Chronicles

tails of adventure cats & handicats extraordinaire

VALENTINE'S DAY CAT TREATS



INGREDIENTS

- 1/2 pound of boneless, skinless chicken* (I use breast, but anything will work)
- 1 cup of quick cooking oats
- 1 egg
- 1 generous tablespoon of catnip
- 1/4 cup of flour
- 1/3 cup of water

**the chicken can be substituted for any other protein (turkey, tuna, etc...)*

SUPPLIES

- food processor or blender
- cutting board
- knife
- rolling pin
- mixing bowl
- mixing spoon
- cookie sheet
- parchment paper
- heart-shaped cookie cutter

PREP TIME

- Prep | 45 min
- Cook | chicken 20 min
treats 25-30 min

PROCEDURE

01

Boil the chicken until cooked throughout. The chicken should turn white when it's finished.

02

Preheat oven to 350°

03

Put the oats, catnip, egg, and chicken into a food processor or blender and pulse on low until well mixed. Add water a little bit at a time throughout the mixing process. The end result will end up looking like chicken salad.

04

Move the mixed ingredients to a mixing bowl and add the flour

05

Knead the dough until it is no longer sticky, then place on a flour-dusted surface

06

Use a rolling pin to flatten the dough until it is roughly 1/2 an inch thick. With a cookie cutter cut out your treats from the dough

07

Line a cookie sheet with parchment paper, and place your treats onto the sheet. Bake for 20 minutes

08

Remove the treats from the oven, and let them cool for about 15-20 minutes